



Association for Shotokan Karate of Napa, Sensei Chela Morales-Placone and Sensei Rick Placone, Napa, CA

September 2022

Katas of the Month:
Heian Yondan,
Bassai Sho

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5 Labor Day (Dojo closed)	6	7	8	9	10
11 Instructor Training Bellevue, WA	12	13	14	15	16	17 Regional Training Sat or Sun TBD Bellevue / Zoom
18	19	20 C. Cline's Birthday	21	22	23	24
25	26	27	28	29	30	