



Northwest power at the ISKF U.S. Nationals in Las Vegas, NV, November 17, 2019

November

Katas of the Month:
Heian Sandan,
Gojushiho Sho

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
Instructor Training Bellevue, WA	Y. Yaguchi's Birthday				U.S. Nationals Philadelphia, PA	U.S. Nationals Philadelphia, PA
20	21	22	23	24	25	26
U.S. Nationals Philadelphia, PA				Thanksgiving (Dojo closed)	Thanksgiving (Dojo closed)	Thanksgiving (Dojo closed)
27	28	29	30			