



Kaizen Shotokan Karate Club, Sensei Monica Tieu, Bonney Lake, WA

February 2023

Katas of the Month:
Heian 1-3,
Gankaku

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20 Presidents Day (Dojo closed)	21	22	23	24	25
26	27	28				